



100% vegetarian  
No garlic, no onion  
No MSG

# बहुमत त्वात् फीत

Indian cuisine is known for its unique preparation and great blend of natural herbs and spices. It does not use artificial or chemical seasoning, colors, flavors, preservatives and additives.



At Little India, we offer pure vegetarian food without egg, garlic, onion, seafood or any kind of meat. Many of our foods are vegan and some of our lacto-vegetarian food items can be adjusted for the vegan palate.

Why don't we use garlic and onion?

According to Ayurvedic philosophy (India's classic medical science), foods are grouped into three categories, according to the modes of goodness, passion and ignorance, and its effect upon the body and the mind. They are Tamasic, Rajasic and Sattvic.



Tamasic (darkness) foods are those that have a destructive influence on the mind or body. They are heavy, dull, and depressing.

तामसिक

Rajasic (activity, passion) foods are those that neither lead to better health nor are destructive, but tends to excite and over-stimulate the body, and makes the mind restless.

राजसिक

Sattvic (purity) food are those that calm the emotions, purify the mind and strengthen the body. It is light and easy to digest.

सात्विक

Onions and garlic are members of the alliaceous family that also includes leeks, chives and shallots. These foods are considered as rajasic and tamasic which results in imbalances in the functioning of the liver, spleen, lungs, kidneys, and heart.

# ਗੁਠਫ਼ਾਰਯੁ

Aloo	Potato
Baingan	Eggplant
Dal	Lentil
Gajar	Carrot
Gobhi	Cauliflower
Jeera	Cumin
Kesar	Saffron
Kofta	Vegetable balls
Kulfi	Ice cream
Masala	Spices
Methi	Fenugreek
Mutter	Green peas
Palak	Spinach
Paneer	Cottage cheese
Tamatar	Tomato



# ਫ਼ਾਰਟਰਫ਼

V VEGAN  
O VEGAN OPTIONAL  
★ BEST SELLER

S CONTAINS SOY  
G CONTAINS GLUTEN

- ★ 101 **Samosa** (2pcs) V G 60  
deep fried pastry with a savory spiced potatoes and nut filling
- 102 **Aloo Chop** (2pcs) V 60  
crispy deep fried gram flour coated mashed & spiced potatoes

## Pakora

gram flour coated fritters

- 103 **Vegetable Pakora** V 75
- 104 **Mushroom Pakora** V G 100
- 105 **Palak Pakora** V 80
- 106 **Paneer Pakora** 110
- 107 **Bread Pakora** V G 60

- ★ 110 **Mix Platter** O G 135  
comprises samosa, aloo chop, and assorted pakodas. Good for 2 pax



# इंटर रेण्डे

V VEGAN  
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★ BEST SELLER

CONTAINS SOY S  
 CONTAINS GLUTEN G

- |     |                                                                                                                                                                                         |     |
|-----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|
| 121 | <b>Plain Yoghurt</b>                                                                                                                                                                    | 60  |
| 122 | <b>Cucumber Carrot Raita</b><br>spiced whipped yoghurt with cucumber and carrots                                                                                                        | 70  |
| 123 | <b>Boondi Raita</b><br>spiced whipped yoghurt with puffed gram flour balls                                                                                                              | 70  |
| 131 | <b>Papad</b> (Toasted/Fried) <span style="color: green;">V</span><br>crispy lentil crackers                                                                                             | 25  |
| 132 | <b>Aloo Chat</b> <span style="color: blue;">O</span><br>spiced potatoes with yoghurt and tamarind chutney. Good for 2 pax                                                               | 150 |
| 133 | <b>Samosa Chaat</b> <span style="color: blue;">O</span> <span style="color: purple;">G</span><br>crushed samosa mixed with curried chick peas and dressed with yoghurt, chutney and sev | 85  |
| 134 | <b>BBQ</b> (3 sticks) <span style="color: green;">V</span> <span style="color: orange;">S</span> <span style="color: purple;">G</span><br>grilled, marinated veggie meat                | 95  |

133



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122



123



134



# इठपड & इबालरेड

V VEGAN  
O VEGAN OPTIONAL  
★ BEST SELLER

CONTAINS SOY S  
 CONTAINS GLUTEN G

- |     |                                                                                                                                                          |    |
|-----|----------------------------------------------------------------------------------------------------------------------------------------------------------|----|
| 201 | <b>Mutter Soup</b> <span style="color: blue;">O</span> <span style="color: purple;">G</span><br>creamy green peas soup simmered with roasted cumin seeds | 75 |
| 202 | <b>Tamatar Sorba</b> <span style="color: blue;">O</span> <span style="color: purple;">G</span><br>tomato soup cooked with mild spices                    | 75 |
| 211 | <b>Kachumbar Salad</b> <span style="color: green;">V</span><br>fresh vegetables seasoned with mild spices and tamarind                                   | 85 |
| 212 | <b>Plain Salad</b> <span style="color: green;">V</span><br>fresh vegetables seasoned with salt and lemon juice                                           | 40 |

201



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211



# લાઈન ટોપાફેડ

V VEGAN  
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 CONTAINS GLUTEN G

## Curry

dishes cooked in creamy curry sauce

- |       |                                                                                               |     |
|-------|-----------------------------------------------------------------------------------------------|-----|
| 301   | <b>Mixed Vegetable</b> <span style="color: green;">V</span>                                   | 125 |
| ★ 302 | <b>Mushroom</b> <span style="color: green;">V</span>                                          | 145 |
| 303   | <b>Veggie Meat</b> <span style="color: green;">V</span> <span style="color: orange;">S</span> | 190 |

## Kofta Curry

kofta balls cooked with nutty and creamy gravy

- |       |                                                                                                    |     |
|-------|----------------------------------------------------------------------------------------------------|-----|
| ★ 311 | <b>Vegetable Kofta</b> <span style="color: blue;">O</span>                                         | 145 |
| 312   | <b>Veggie Pork Kofta</b> <span style="color: blue;">O</span> <span style="color: orange;">S</span> | 190 |
| 313   | <b>Aloo Kofta</b> <span style="color: blue;">O</span>                                              | 145 |

## Makhani

dishes cooked in tomato-based silky and buttery gravy

- |       |                                                                                                |     |
|-------|------------------------------------------------------------------------------------------------|-----|
| 321   | <b>Vegetable</b> <span style="color: purple;">G</span>                                         | 125 |
| 322   | <b>Mushroom</b> <span style="color: purple;">G</span>                                          | 145 |
| 323   | <b>Veggie Meat</b> <span style="color: orange;">S</span> <span style="color: purple;">G</span> | 190 |
| ★ 324 | <b>Paneer</b> <span style="color: purple;">G</span>                                            | 190 |

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# લાઈન ટોપાફેડ

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## Kadhai

dishes cooked with fenugreek flavored gravy

- |       |                                                                                                                                     |     |
|-------|-------------------------------------------------------------------------------------------------------------------------------------|-----|
| 341   | <b>Vegetable</b> <span style="color: green;">V</span>                                                                               | 125 |
| 342   | <b>Mushroom</b> <span style="color: green;">V</span>                                                                                | 145 |
| 343   | <b>Veggie Meat</b> <span style="color: green;">V</span> <span style="color: orange;">S</span> <span style="color: purple;">G</span> | 190 |
| ★ 344 | <b>Paneer</b>                                                                                                                       | 190 |

## Korma

dishes cooked with milk, nuts, raisins, and mild spices

- |       |                                                                                                |     |
|-------|------------------------------------------------------------------------------------------------|-----|
| 351   | <b>Vegetable</b> <span style="color: purple;">G</span>                                         | 150 |
| 352   | <b>Mushroom</b> <span style="color: purple;">G</span>                                          | 170 |
| ★ 353 | <b>Veggie Meat</b> <span style="color: orange;">S</span> <span style="color: purple;">G</span> | 210 |
| 354   | <b>Paneer</b> <span style="color: purple;">G</span>                                            | 210 |

## Dals

lentil-based dishes

- |       |                                                           |     |
|-------|-----------------------------------------------------------|-----|
| ★ 361 | <b>Dal Fry</b> <span style="color: blue;">O</span>        | 125 |
|       | cooked yellow lentils flavored with freshly ground spices |     |
| 362   | <b>Dal Tadka</b> <span style="color: blue;">O</span>      | 125 |
|       | yellow lentils tempered with tomatoes and mild spices     |     |

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- |       |                                                                     |     |
|-------|---------------------------------------------------------------------|-----|
| 371   | <b>Aloo Jeera</b> <span style="color: green;">✓</span>              | 145 |
|       | potatoes spiced with cumin seeds                                    |     |
| 373   | <b>Aloo Gobhi</b> <span style="color: green;">✓</span>              | 185 |
|       | potatoes and cauliflower cooked with mild curry sauce               |     |
| ★ 381 | <b>Shahi Paneer</b>                                                 | 190 |
|       | homemade cottage cheese cooked with creamy and nutty sauce          |     |
| ★ 382 | <b>Palak Paneer</b> <span style="color: purple;">G</span>           | 190 |
|       | homemade cottage cheese cooked with creamy spinach sauce            |     |
| 391   | <b>Baingan Bharta</b> <span style="color: green;">✓</span>          | 165 |
|       | grilled and mashed eggplants cooked with spiced tomatoes and nuts   |     |
| ★ 392 | <b>Mushroom Mutter Masala</b> <span style="color: purple;">G</span> | 165 |
|       | fresh mushroom and green peas cooked with spiced creamy gravy       |     |
| ★ 393 | <b>Chana Masala</b> <span style="color: green;">✓</span>            | 145 |
|       | chickpeas and potatoes cooked in spice flavored gravy               |     |

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# બ્રેવડ

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## Chapati

freshly baked whole wheat flat bread on griddle

- |     |                                                                                         |    |
|-----|-----------------------------------------------------------------------------------------|----|
| 601 | <b>Plain</b> <span style="color: green;">✓</span> <span style="color: purple;">G</span> | 20 |
| 602 | <b>Buttered</b> <span style="color: purple;">G</span>                                   | 25 |

## Naan

light and fluffy flatbread baked on griddle

- |       |                                                       |    |
|-------|-------------------------------------------------------|----|
| 611   | <b>Plain</b> <span style="color: purple;">G</span>    | 20 |
| 612   | <b>Buttered</b> <span style="color: purple;">G</span> | 25 |
| ★ 613 | <b>Cheese</b> <span style="color: purple;">G</span>   | 40 |

## Paratha

stuffed bread baked with oil

- |     |                                                                                         |    |
|-----|-----------------------------------------------------------------------------------------|----|
| 621 | <b>Plain</b> <span style="color: green;">✓</span> <span style="color: purple;">G</span> | 25 |
| 622 | <b>Aloo</b> <span style="color: blue;">○</span> <span style="color: purple;">G</span>   | 35 |
| 623 | <b>Paneer</b> <span style="color: purple;">G</span>                                     | 40 |
| 631 | <b>Bhatura</b> <span style="color: purple;">G</span>                                    | 35 |
|     | deep fried flatbread                                                                    |    |
| 641 | <b>Poori</b> <span style="color: green;">✓</span> <span style="color: purple;">G</span> | 55 |
|     | small deep fried puffed bread                                                           |    |

601

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# bread इरोड

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CONTAINS SOY S  
 CONTAINS GLUTEN G

- 601S Chapati Set** VG 165  
 whole wheat flat bread served with  
 curried chickpeas and spiced potatoes
- 611S Naan Set** G 165  
 light and fluffy flat bread served with  
 curried chickpeas and spiced potatoes
- 621S Plain Paratha Set** VG 165  
 multilayered bread served with curried  
 chickpeas and spiced potatoes
- 622S Aloo Paratha Set** OG 165  
 potato stuffed bread served with curried  
 chickpeas and spiced whipped yoghurt
- 623S Paneer Paratha Set** G 165  
 cottage cheese stuffed bread served  
 with curried chickpeas and spiced  
 whipped yoghurt
- 631S Chola Bhatura Set** G 165  
 soft and a deep fried flat bread served  
 with curried chick peas and spiced  
 whipped yoghurt
- 641S Poori Set** VG 165  
 small deep fried puffed breads served  
 with curried chickpeas and spiced  
 potatoes



# रांठ

V VEGAN  
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CONTAINS SOY S  
 CONTAINS GLUTEN G

- 701 Steamed Rice** V 30
- 702 Basmati Rice** V 75
- 703 Jeera Rice** O 95  
 white rice sauteed with cumin and butter
- 704 Tomato Rice** O 100  
 rice cooked with tomatoes and  
 tempered with spices
- 711 Vegetable Fried Rice** O 150  
 rice and assorted fresh vegetables  
 cooked with butter and spices
- 712 Veggie Chicken Fried Rice** OS 175  
 rice and veggie chicken cooked with butter and  
 spices
- ★ **721 Vegetable Biryani** 200  
 rice and assorted fresh vegetables  
 cooked with spices, butter, and yoghurt



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✓ VEGAN

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CONTAINS SOY **S**

CONTAINS GLUTEN **G**

- 771 **Thali** **○G** 225  
 aloo jeera, dal, chana masala, plain paratha, rice, papad, dessert, and pickle
- 772 **Plain Dosai Set** **✓** 125  
 South Indian Crepe made of rice, lentils, methi, and curry leaves, and served with chutneys and sambar soup
- 773 **Masala Dosai Set** **✓** 150  
 South Indian Crepe made of rice, lentils, potato, methi, and curry leaves, and served with chutneys and sambar soup
- 774 **Idli Set** **✓** 125  
 Steamed rice and lentil cake served with chutneys and sambar soup



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✓ VEGAN

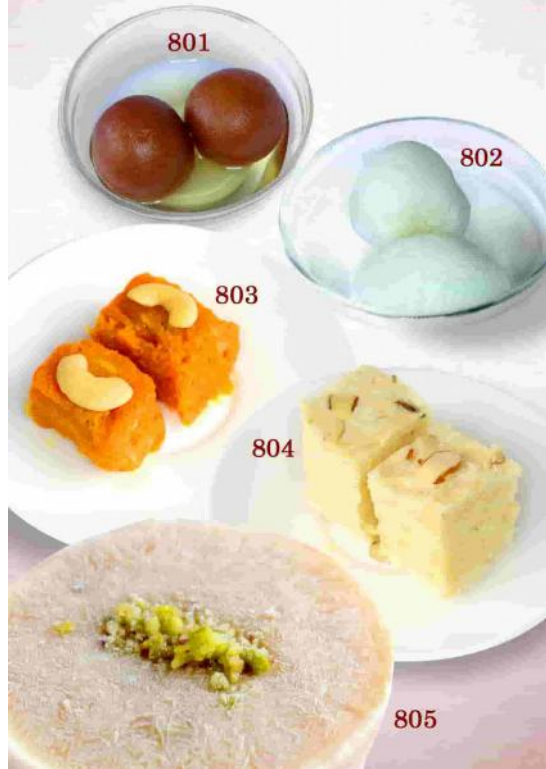
○ VEGAN OPTIONAL

★ BEST SELLER

CONTAINS SOY **S**

CONTAINS GLUTEN **G**

- 801 **Gulab Jamun** **G** 70  
 brown cheese balls dipped in syrup
- 802 **Rasogulla** **G** 70  
 white cheese balls dipped in syrup
- 803 **Gajar Halwa** 70  
 carrot pudding cooked with fresh milk, nuts and butter
- 804 **Soanpapadi** **G** 70  
 thick layered cotton candy kind of texture made of gramflour, sugar, milk and mild spices
- 805 **Kesar Pista Kulfi** 95  
 homemade Indian ice cream made of fresh milk, saffron, & pistachio



# beverages

✓ VEGAN

○ VEGAN OPTIONAL

★ BEST SELLER

CONTAINS SOY **S**

CONTAINS GLUTEN **G**

		Glass	Pitcher
901	Sweet Lassi	65	165
902	Salted Lassi	65	165
903	Mango Lassi	75	190
904	Rose Lassi	75	190
911	Canned Fruit Juice ✓	65	
912	Softdrinks ✓	45	
921	Iced Tea ✓	55	
951	Indian Masala Tea ○	65 1 Cup	100 2 Cups
	Indian black tea brewed with hot milk and a hint of spices		
952	Hot Chocolate ○	60	
	homemade hot chocolate drink		
953	Brewed Coffee ✓	55	
	Barako coffee brewed with an Indian twist		
999	Bottled Water ✓	30	



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